



LEMON BASIL HUMMUS

Servings: 0

Ingredients

1 15 oz. can chickpeas (garbanzo beans), drained and rinsed

1 cup (loosely packed) basil

1/4 cup extra-virgin olive oil

1/4 cup fresh lemon juice

1 clove garlic

1/2 tsp salt

1/4 tsp black pepper

pinch ground cayenne pepper (optional)

Directions

Add all ingredients to a food processor and pulse until smooth, scraping sides as needed. For a thinner consistency, add ½ cup water and pulse to combine. (If you are preparing this in advance or if you intend to store leftovers, keep in mind that the hummus will thicken when refrigerated.)

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