



Easy Baked Spaghetti Squash

Servings: 4 cups

Ingredients

- 1 3lb spaghetti squash, halved
- Citrus Dressing:
 - 2 T olive oil
 - 1 T lemon juice
 - 1 T orange juice
 - 2 t. Dijon mustard
 - 1 clove minced garlic
 - Salt & pepper

Directions

Preheat oven 350

Discard squash seeds & place halves cut side down in baking dish. Add 1/2 C water.

Bake 45-50 min. Scrape out cooked squash into large bowl.

Combine citrus dressing ingredients and pour over cooked squash.

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