



# Easy Baked Spaghetti Squash

Servings: 4 cups

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## Ingredients

- 1 3lb spaghetti squash, halved
- Citrus Dressing:
  - 2 T olive oil
  - 1 T lemon juice
  - 1 T orange juice
  - 2 t. Dijon mustard
  - 1 clove minced garlic
  - Salt & pepper

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## Directions

Preheat oven 350

Discard squash seeds & place halves cut side down in baking dish. Add 1/2 C water.

Bake 45-50 min. Scrape out cooked squash into large bowl.

Combine citrus dressing ingredients and pour over cooked squash.

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