



Pineapple Crush Smoothie

Servings: 0

Ingredients

- 2 3/4 cups brazil nut milk
- 3 1/2 cups pineapple
- 3/4 cup avocado
- 1 tablespoon maca powder
- 2 tablespoons mulberries
- 1 tablespoon mint

Directions

Place all ingredients in vitamix, blend until a smooth consistency.
Sprinkle with mulberries.

Printed from **Key Ingredient**

Direct recipe link: <https://www.keyingredient.com/recipes/890215040/pineapple-crush-smoothie/>