



# Chocolate Oatmeal

Servings: **1 servings**

Calories: 418 Sugars: 5.6 grams

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## Ingredients

2 cups water

1 1/4 cups instant oatmeal

1/2 cup low sugar chocolate protein powder

Side: 1 cup mixed frozen berries

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## Directions

Bring the water to boil on the stove or in the microwave. Add the oatmeal and protein powder into the pot. Cool, and scoop into balls and serve.

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Direct recipe link: <https://www.keyingredient.com/recipes/6720248/chocolate-oatmeal/>