



Almost Famous Ground Beef Taco Meat

Servings: 0

I had been trying a million ground beef taco recipes in order to replicate the meat from my favorite Mexican restaurant. Finally, I asked for the ingredient list. I played around with amounts, and I think I got it down!

Ingredients

- 1 lb. ground beef
- 1 cup water
- 1 t. salt
- 1/2 t. cumin
- 1/2 t. black pepper
- 1 t. garlic powder
- 1 1/2 t. glutamate (called Accent in the spice aisle)
- 1 small and finely diced potato
- 1/2 of a diced bell pepper
- 1/2 of a diced onion
- 1 small diced tomato

Directions

Heat a large, deep skillet over medium-high heat. Add beef and water. break up beef (I used a potato masher). Add spices and mash a little more. Add the potato, bell pepper and onion. Cook, uncovered for 10 minutes. Add tomato and cook another 10 minutes or so.

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Direct recipe link: <https://www.keyingredient.com/recipes/3037695033/almost-famous-ground-beef-taco-meat/>